

**CONGRATULATIONS TO BARBARA KAVANAGH, WINNER OF THE MMRF'S
SPIRIT OF HOPE AWARD, 2022**

**Arizona Myeloma Network, AzMN and Cancer CaregiversAz CCAZ
Founder and CEO and Cancer Caregiver!**



The Arizona Myeloma Network, AzMN™, a 501c3, has served myeloma patients and ALL Cancer Caregivers and Families for 18 years. Founded by Barbara and Jack Kavanagh. Barbara has been the primary caregiver for her husband, Jack, who is a **31- year myeloma cancer survivor!**

Throughout COVID, with the help of a small part time staff and a few dedicated volunteers, they have continued free outreach to hundreds of cancer patients, caregivers and families. Providing information and resources 24/7 by email, phone, and virtual meetings.

Our Mission: No family should face this devastating disease alone!

The Need: In 2021, the estimated new cancer diagnoses will be over **158,000 per month**, or **1.9 million for the year, across the United States.**

- This number does not include the current **17 million cancer survivors.**
- In Arizona, that number is estimated to be over **3400 new cases per month.**
- It is estimated that for each patient, there is at least 1 caregiver. **The caregiver is often working and caring for the family.**
- **The health issues of the caregiver**, loss of job productivity, insurance and medication expenses. effect not only the caregiver, but the patient and other family members.
- **We need to take Care of the Caregivers!**



Goal: To improve the Quality of Life for the patient and the caregiver.

The Solution: The New **VIRTUAL CANCER CAREGIVERS EDUCATION PROGRAM,**

We are developing the 1st Virtual Cancer Caregivers Education Programs, VCCEP® to address these issues and increase the access and availability of these programs to all cancer caregivers, wherever they live, and whenever they want and need this information and resources. And, special outreach to the underserved, as well as older and rural populations. These virtual programs, offer a learning center 'that integrates 15 years of successful cancer caregiver workshops and training, including knowledge and perspectives from cancer patients, cancer caregivers and cancer care professionals. The curriculum that is being designed will increase knowledge, build skills in the cancer caregiver and cancer patients. The VCCEP® includes The Cancer Caregivers' Resource Library that will house information on important topics, such as: clinical trials, drug therapies, new treatments, cancer research data, health insurance, legal and financial assistance, counseling services, care equipment, and much more-all at the 'fingertips' of the cancer caregiver and patient. And, available on one virtual platform.



You Can Help!

Sponsorships, grants, donations, technical assistance, and also Volunteers will help us achieve our Goals and be greatly appreciated! Your gift will have a meaningful impact on the lives of thousands of cancer patients and families!

YOU WILL MAKE A DIFFERENCE!

Contact us at: <mailto:barbarak@azmyelomanetwork.org> or 623 466 6246

<https://www.cancercaregiversaz.com>

Virtual Cancer Caregivers Education Program: <https://youtu.be/zLINRLKGa1Y>