

# Closing the Gap between Cancer Research & the Cancer Patient 2025

**Barbara Honors her husband, Jack Kavanagh, Beloved Husband, and Co-Founder of AzMN & CCEP.**



Barbara and Jack a 33-year myeloma cancer survivor, started their 501c3 cancer charity, Arizona Myeloma Network, AzMN and Cancer Caregivers Az in 2004, to help other cancer patients and families like 'theirs. They have been providing **FREE** cancer information and resources for Arizona's cancer patients, caregivers and families, with special outreach to the underserved for over 20 years.

**The Mission: No Patient/ family should face this devastating disease alone!**

**The Need: According to the American Cancer Society, in 2024, an estimated 42,560 Arizonans will receive a cancer diagnosis and up to 14,110 lives will be claimed by cancer**

- In Arizona, that number is estimated to be over 3400 new cases per month.
- For every cancer patient there is at least one caregiver or a 'family' of caregivers.
- The average caregiver devotes 40 hrs. a week in some caregiver tasks, often while still working and caring for a family member.
- AzMN now has an online Cancer Caregivers Education Program, which includes 8 'lesson plans' that the caregiver's can use to help their loved one and also take Care of themselves.

**A Sample Program begins at 9am-1:30pm, including Refreshments/ Lite Lunch. Presentations from outstanding cancer leaders in research and treatment, also a panel of Cancer patients and caregivers sharing their experiences. These programs can also have specific modules presented, in different formats/locations.**

## **The 8 modules/Workshops, 2025:**

- Introduction to the Cancer Caregivers of America Program
- Who you are as a Cancer Caregiver
- Circle of Responsibilities
- Managing Stress in your Cancer Caregiving Role
- Survivorship
- Communicating in Your Caregiving Role
- Communicating with Medical Professionals
- Navigating the Healthcare System
- Visit our website for more details and to purchase the Program,



*Program Video*



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